

Safe and Drug-Free Schools and Communities

The Message

“Students who do not feel safe and students who are not free of the effects of drugs and alcohol cannot achieve their full academic potential.”

SAFE AND DRUG-FREE

SCHOOLS is a program that provides education and training to prevent substance abuse and violence among students.

Our goal is to prevent the illegal use of **alcohol, tobacco and drugs**—even one student using these substances is too many.

Our goal is to prevent **violence** on the part of students. This includes bullying, harassment, suicide, physical fights, gangs and weapons.

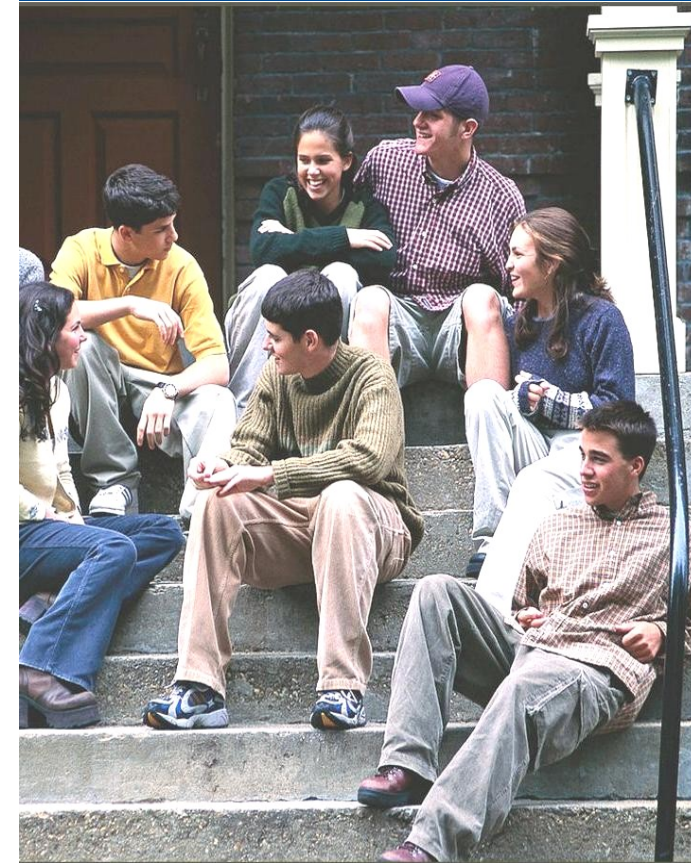
Our goal is to help ensure a **positive school climate** for all students.

Our goal is to work with the **community** to ensure a safe and drug-free school environment.

Our goal is to provide information and involve **parents** in helping students stay safe and drug-free.

**For more information:
Laramie County School District 1
Safe and Drug-Free Schools
2810 House Avenue
Cheyenne, Wyoming
(307) 771-2255
Website: www.laramie1.org**

John Contos, Coordinator



*Making the connection
between safe schools and learning*

Program Services

Safe and Drug-Free Schools offers comprehensive prevention services and evidence-based programs to address substance abuse and all types of violence that can occur in schools.

Services include:

- Developmentally appropriate activities and prevention materials for K-12 students
- Classroom presentations and school-wide campaigns to teach students about the hazards of substance abuse and violence, and ways to make healthy choices
- Groups to educate at-risk students on ways to resist negative peer pressure, manage anger, control impulses, make good decisions and interact with others in a pro-social manner
- Training to educate school staff on how to identify students under the influence of alcohol, tobacco and drugs, and intervene effectively in situations involving violence
- Workshops and education for parents and the community to help young people face the challenges of living in today's world

STUDENT ASSISTANCE PROGRAM

Safe and Drug-Free Schools employs Student Assistance Specialists to provide services in district junior high and high schools. These professionals work with individuals and groups of students to prevent substance abuse or violence. They also work with school staff, parents and the community to deliver services that benefit students.

ELEMENTARY PROGRAM

Safe and Drug-Free Schools employs a trained professional to manage the Elementary Kit Prevention Program. The program provides students with interactive workbooks, videos, and other developmentally appropriate prevention materials. This person also participates in school health fairs and community coalitions, and presents to classrooms of students to teach skills for resisting substance abuse and violence.

PREVENTION RESOURCE CENTER

Materials such as prevention curricula, informational brochures, videos, books and other resources are available for check-out at no cost. Any person interested in learning about ways to prevent and reduce substance abuse and violence among young people is welcome to check out materials.



Help our young people to stay safe, healthy, and drug free by knowing the building blocks for life!

Eight Types of Assets All Kids Need:

- Support: Experiencing people and places that are accepting and loving
- Empowerment: Knowing they are valued and valuable
- Boundaries & Expectations: Understanding limits and possibilities
- Constructive Use of Time: Being involved in enriching and structured activities
- Commitment to Learning: Believe that education is important and engaging
- Positive Values: Caring for others and holding high standards for self
- Social Competencies: Developing skills and relationships for life
- Positive Identity: Believing in their personal power, purpose and potential